

SEPTEMBER 2022

St. Felix School

LUNCH



School Information: Daily Fresh Salad Bar.
These Menus are subject to Change.
All Meals are served with Fruit and 1% or
Chocolate Milk.



September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains. * This institution is an equal opportunity provider.



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Labor Day

5

Popcorn Chicken/Sauce
Baked Potato
Carrots
Bread

6

Corn Dog
French fries
Baked Beans

7

Cheese Pizza
Corn

1

No School

2

International Literacy Day

8

Tater Tot Hot Dish
Mixed Vegetable
Bread

Grilled Chicken Pattie
Mashed Potatoes/Gravy
Broccoli

9

Cheeseburger on Bun
Potato Wedges
Baked Beans

12

Chicken Strips/Sauce
Tater Tots
Green Beans

13

Nachos/Meat/Cheese
Corn
Lettuce W/Fixings

14

Hot Dog on Bun
French Fries
Peas

15

Pizza Fries/Sauce
California Blend

16

Barbeque on Bun
Tater Tots
Peas & Carrots

19

Spaghetti/Meat Sauce
Broccoli
Bread

20

Pancakes
Cheese Omelet
Potato Pattie

21

First Day of Fall
Popcorn Chicken/Sauce
Potato wedges
Carrots

22

Fish Sticks/Tarter
Baked Potato
Baked Beans

23

Hot Ham & Cheese
Side Winders
Green Beans

26

Mini Corn Dogs
French Fries
Baked Beans

27

World School Milk Day
Cheese Burger on Bun
Tater Tots
Carrots

28

Chicken Nuggets/Sauce
Rice
Broccoli
Beans

29

Cheese Pizza
Corn

30